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350 Best Vegan Recipes

By Deb Roussou

Robert Rose Inc. Paperback. Book Condition: new. BRAND NEW, 350 Best Vegan Recipes, Deb Roussou, These tempting vegan options include a wide range of tantalizing meal ideas - from amazing appetizers and salads to hearty soups, incredibly satisfying main courses and decadent desserts. This outstanding cookbook contains so much more than just incredible vegan offerings - it also includes an introduction and/or primer on the vegan lifestyle, information on stocking a vegan pantry as well as kitchen tools and equipment. And what really sets this book apart from other vegan cookbooks is the "Vegan from Scratch" chapter which provides information on making everything from Homemade Tofu and Vegan Bouillon to Soy Cream Cheese and Smokey Maple Tofu Bacon Slices. These recipes really bring a wholly authentic vegan lifestyle into your home kitchen! Just a small sampling of the appealing and easy-to-prepare recipes: Chile Dusted Cornmeal Garbanzo Fries, Sopapillas; Cornmeal Pizza, Cilantro Black Bean Burger; Potato Gnocchi with Lemon-Garlic Sauce; Spinach & Pumpkin Curry, Blackened Corn Chowder; Blackberry Mint Sorbet, Chocolate Cherry Brownies. All these dishes are so easy to prepare yet so delicious that everyone who loves food - non-vegans and non-vegetarians included - will enjoy them.



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Reviews

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This pdf is indeed gripping and exciting. It is writter in easy words and phrases and not confusing. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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