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The Birthkeepers Reclaiming an Ancient Tradition (Paperback)

By Veronika Sophia Robinson

Starflower Press, United States, 2008. Paperback. Book Condition: New. Andri Thwaites (illustrator). 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.The Birthkeepers is a personal invitation to birthing with ecstasy. Veronika Robinson, editor of The Mother magazine, reveals the three secrets to easy, natural vaginal birth. Through examining childbirth history our evolutionary blueprint and reading stories from modern day birthkeepers, we can begin to reclaim an ancient birthing tradition, and make birth safe and sacred again. Despite a dominant birth culture and media images which portray birth as deeply traumatic, painful, deadly and dangerous, this isn t how evolution designed our entry into motherhood. How we give birth, and the experience we haev, isn t just a matter of luck or having the best medical attendants. We can all choose to give birth in peace, painlessly, and with pleasure. This exploration of unobserved (unassisted) childbirth shows that what s good for the birthing mother, is also good for the baby arriving birthside. The Birthkeepers is the first UK book on unassisted childbirth.



Reviews

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Scholastic US, United States, 2014. Paperback. Book Condition: New. Don Bolognese (illustrator). 224 x 150 mm. Language: English . Brand New Book. With inspiring and educational stories, Scholastic s Hello Reader series caters to the spectrum of reading abilities among beginning readers....

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Oxford University Press, United Kingdom, 2014. Paperback. Book Condition: New. Mr. Alex Brychta (illustrator). 205 x 148 mm. Language: English . Brand New Book. In The Stone of Destiny the Time Runners battle to stop a fiendish Viran plan to steal the...

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Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Carol Koeller (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume three, Reading Level 1, in a comprehensive program (Reading Levels 1 and 2) for beginning...

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Bluewater Publications, United States, 2010. Paperback. Book Condition: New. Sarah Noblelves (illustrator). 235 x 191 mm. Language: English . Brand New Book ***** Print on Demand *****.I have endeavored to write, for mothers and dear little children, a few simple stories, embodying...