



Una vita per il vento.

By Sensini, Alessandra Vegliani, Stefano

Longanesi, 2010. Book Condition: new. Milano, 2010; ril., pp. 187, ill., cm 15x21,5. (I Libri del Mare). Cosa rende una giovane donna dagli occhi chiari, i capelli ricci e un largo sorriso una campionessa olimpionica di windsurf, con quattro medaglie e un ricco palmarès? Immaginate mare e vento dappertutto. Un talento naturale per lo sport e una grande determinazione. Un carattere in apparenza schivo, ma in realtà giocoso e forte. Una vita trascorsa tra la Maremma e il mondo, una tappa dietro l'altra, una medaglia dietro l'altra, obiettivi centrati e altri che sfuggono tra le dita. La vita di Alessandra Sensini, nel pieno dei suoi quarant'anni, sembrerebbe facile da raccontare, se solo fosse tutta qui. Se dietro il suo percorso non ci fossero lei, le sue delusioni, l'ansia e la preoccupazione di non farcela, le sue aspirazioni, i sogni di ragazza e la forza di non permettere a niente e a nessuno di cambiarla o decidere per lei. Vissuto ai massimi livelli, lo sport impone severità e rinunce, con il rischio di trasformare la passione di una vita in un lavoro come gli altri. Ma se la passione riesce a rimanere intatta, può regalare un grande senso di libertà. Ecco...



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